## Action Verbs list for Job Descriptions

ACCEPTS	To receive; to regard as true, proper, normal, inevitable.
ACCOMPLISHES	To execute fully; to attain.
ACCOUNTS	To give a report on; to furnish a justifying analysis or explanation.
ACCUMULATES	To collect; to gather.
ACHIEVES	To bring to a successful conclusion.
ACKNOWLEDGES	To report the receipt of.
ACQUIRES	To come into possession of.
ACTIVATES	To mobilize; to set into motion.
ACTS	To perform a specified function to carry out a purpose; to exert one's powers in such a way as to bring about an effect.
ADAPTS	To suit or fit by modification.
ADDS	To affix or attach to; to perform mathematical addition of figures.
ADHERES	To give support or maintain loyalty; to be consistent; to hold fast or stick; to bind oneself to observance; to follow closely; to carry out without deviation.
ADJUSTS	To bring to a more satisfactory state; to bring the parts of something to a true or more effective position.
ADMINISTERS	To verify, secure and ensure compliance with policies.
ADMITS	To permit to enter or to join.
ADOPTS	To take up and apply or put into practice; to accept, as a report.
ADVANCES	To bring or move forward; to accelerate the growth or progress of; to raise to a higher rank; to promote; to bring forward for notice, consideration or acceptance; to make progress; to raise in rate.

ADVISES To recommend a course of action (not simply to tell or inform); to offer an informed opinion based on specialized knowledge. **ADVOCATES** To recommend or speak in favor of. AFFIRMS To assert positively; to confirm; to ratify. AFFIXES To secure an object to another; to attach. AIDS To help or assist; to give help or assistance to. ALIGNS To arrange in a line; to array. ALLOTS To assign as a share. ALTERS To make different; to modify. AMMENDS To change or modify for the better. ANALYZES To separate into elements and critically examine to arrive at a conclusion: to study the factors of a situation or problem in order to determine the solution or outcome. ANTICIPATES To foresee events, trends, consequences, or problems and deal with in advance. ANWSERS To speak or vote in reply. APPLIES To put to use for a purpose; to employ diligently or with close attention. **APPOINTS** To name officially. APPRAISES To give an expert judgment of worth or merit; to evaluate as to quality, status or effectiveness. **APPROPRIATES** To take exclusive possession of; to set apart for or assign to a particular purpose or use; to take without permission. APPROVES To accept as satisfactory; to exercise final authority with regard to commitment of resources; to sanction officially; to ratify (thereby assuming responsibility for). ARRANGES To prepare for an event; to put in proper order; to form or fit into a systematic whole. ARTICULATES To pronounce distinctly; to express in coherent verbal form.

- **ASCERTAINS** To find out or discover through examination; to find out or learn for a certainty.
- **ASSEMBLES** To collect or gather together in a predetermined order from various sources.
- **ASSERTS** To state or declare positively.
- **ASSESSES** To determine value of; to evaluate.
- ASSIGNS To specify or designate tasks or duties to be performed by others; legally to transfer or make over to another.
- **ASSISTS** To give aid or support.
- ASSUMES To undertake; to take for granted; to take to or upon oneself.
- **ASSURES** To state confidently; to make certain of; to confirm.
- **ATTACHES** To connect; to bind or affix to; to fasten; to tie.
- ATTAINS To come into possession of; to arrive at.
- **ATTENDS** To be present for the purpose of making a contribution.
- **AUDITS** To examine officially with intent to verify.
- **AUTHORIZES** To approve; to empower through vested authority.
- **AVERTS** To turn away or aside; to see coming and ward off.
- AWARDS To confer or bestow.
- **BALANCES** To compute the difference between the debits and credits of an account; to reconcile accounts; to arrange or prove so that the sum of one group equals the sum of another.
- **BATCHES** To assemble into a group for one operation.
- **BUDGETS** To plan expenditures.
- BUILDS To construct.
- **CALCULATES** To make a mathematical computation.
- **CALLS** To communicate with by telephone; to summon; to announce.

CANCELS	To mark out; to invalidate; to strike out, cross out, or revoke.
CAPITALIZES	To write or print with an initial capital or in capitals; to convert into capital; to compute the present value of; to supply capital for.
CARRIES OUT	To put into execution; to bring to a successful issue; to continue to an end or stopping point.
CERTIFIES	To confirm as accurate or true.
CHARTS	To draw or plot data (as on a graph); to make a detailed plan.
CHECKS	To verify; to compare with a source for verification; to examine.
CIRCULATES	To pass from person to person or place to place; to disseminate.
CLARIFIES	To make easier to understand; to explain.
CLASSIFIES	To arrange or organize according to systematic groups, classes or categories.
CLOSES	To bring to a conclusion; to bar passage; to shut; to suspend or stop operations; to end or terminate.
COACHES	To teach or train; to tutor.
CODES	To use symbols or characters (letters or numbers) to represent words or figures.
COLLABORATES	To work jointly with; to cooperate with others.
COLLATES	To organize or assemble in a predetermined sequence.
COLLECTS	To gather; to assemble; to accumulate.
COMMANDS	To direct authoritatively; to order or request to be given; to give orders; to dominate from an elevated position.
COMMUNICATES	To impart a verbal or written message; to transmit information.
COMPARES	To examine for the purpose of discovering resemblances or differences.

- **COMPILES** To put together information; to collect from other documents.
- **COMPLETES** To finish; to fully carry out.
- **COMPLIES** To act in accordance with rules or requests.
- **COMPOSES** To make by putting parts together; to create, to write (an original letter, report, instructions, etc.).
- **COMPREHENDS** To grasp mentally; to understand.
- **COMPUTES** To determine or calculate mathematically.
- **CONCURS** To agree with a position, statement, action or opinion.
- **CONDENSES** To make more compact.
- **CONDUCTS** To carry on; to direct the execution of.
- **CONFERS** To compare views; to consult.
- **CONFIRMS** To give approval to; to assure the validity of.
- **CONFORMS** To bring into harmony or agreement; to adapt oneself to prevailing standards or customs.
- **CONSIDERS** To think about with care or caution.
- **CONSOLIDATES** To bring together; to combine.
- **CONSTRUCTS** To make or form by combining parts; to draw with suitable instruments and under specified conditions; to arrange or set in order mentally.
- **CONSULTS** To seek advice of others; to give professional advice or services; to confer.
- **CONTACTS** To communicate with.
- **CONTINUES** To maintain without interruption a condition, course, or action; to remain in existence.
- **CONTRACTS** To establish or undertake by contract;
- **CONTRIBUTES** To supply or give something; to submit for publication.

CONTROLS	To measure, interpret, and evaluate actions for conformance with plans or desired results; to exercise directly, guiding or restraining power over.
CONVERTS	To alter the physical or chemical nature of something; to alter for more effective utilization.
CONVEYS	To move from one place to another; to transport; to communicate.
CONVINCES	To persuade; to cause others to believe something, using evidence and/or argument.
COOPERATES	To associate with another or others for mutual benefit.
COORDINATES	To regulate, adjust, or combine the actions of others to attain harmony; to bring into common action or condition according to established policies
COPIES	To duplicate an original; to transfer or reproduce information.
CORRECTS	To make or set right; to alter or adjust to conform to a standard; to rectify.
CORRELATES	To establish or demonstrate a casual, complementary, parallel, or reciprocal relation.
CORRESPONDS	To communicate with.
COUNSELS	To give advice or guidance; to consult with.
CREATES	To bring into existence; to produce through imaginative skill.
DEBUGS	To detect, locate, and remove mistakes from a routine of malfunctions from a computer.
DECIDES	To arrive at a solution; to bring to a definitive end.
DEDICATES	To set apart to a definite use; to become committed to.
DEDUCES	To derive a conclusion by reasoning (inference in which the conclusion follows necessarily from the premises); to reach a conclusion by mental deduction.

- **DELEGATES** To commission another to perform tasks or duties which may carry specific degrees of accountability and authority; to entrust to the care or management of another.
- **DELETES** To strike out or remove.
- **DELIVERS** To set free; to convey; to send to an intended destination.
- **DEMONSTRATES** To illustrate and explain, especially with examples.
- **DESCRIBES** To represent by a figure, model, or picture; to trace the outline of; to give an account of in words.
- **DESIGNS** To conceive, create, and execute according to plan.
- **DETERMINES** To resolve; to fix conclusively or authoritatively; to decide.
- **DEVELOPS** To disclose, discover, perfect, or unfold a plan or idea.
- **DEVISES** To form in the mind by new combinations or applications of ideas or principles; to invent.
- **DICTATES** To read or speak information to be recorded or written by another.
- **DIRECTS** To guide work operations through the establishment of objectives, policies, rules, practices, methods, and standards; to govern or control.
- **DISASSEMBLES** To take apart.
- **DISCIPLINES** To penalize individuals or groups whose behavior is contrary to established rules and regulations.
- **DISCUSSES** To exchange views for the purpose of arriving at a conclusion.
- **DISPATCHES** To send off, or forward, to known destination or on specific business.
- **DISPLAYS** To show; to spread before the view.
- DISPOSES To sell or get rid of
- **DISSEMINATES** To spread or disperse information or ideas.
- **DISTINGUISHES** To perceive as being separate or different; to separate into kinds, classes, or categories.

DISTRIBUTES	To deliver to proper destination; to pass around; to allot.
DIVERTS	To turn from one course or use to another.
DIVIDES	To separate into classes or parts.
DOCUMENTS	To provide with factual or substantial support for statements made or a hypothesis proposed; to equip with exact references to authoritative supporting information.
DRAFTS	To prepare papers or documents in a preliminary form.
DRAWS	To compose or write up, following a set procedure or form (as in a contract); to pull or move something.
EDITS	To revise and prepare material (written, film, tape, soundtrack) for publication or display.
EFFECTS	To bring about; to accomplish.
ELABORATES	To work out in detail; to give details.
ELECTS	To choose or select carefully.
ELIMINATES	To get rid of; to set aside as unimportant.
EMPHASIZES	To stress.
EMPLOYS	To make use of; to use or engage the services of; to provide with a job that pays wages or a salary.
ENCOMPASSES	To form a circle about; to envelop; to include.
ENCOURAGES	To inspire with spirit or hope; to give help or patronage to.
ENDORSES	To support or recommend.
ENFORCES	To execute vigorously; to exercise executive or police power (refers to laws and statutes).
ENGAGES	To interlock with; to mesh; to provide occupation for; to arrange to obtain the use or services of.
ENHANCES	To increase or make greater.
ENLISTS	To engage for duty; to secure the support and aid of.
ENSURES	To make sure, certain, or safe; to guarantee.

ESTABLISHES	To bring into existence; to institute.
ESTIMATES	To forecast future requirements.
EVALUATES	To determine or fix the value of; to appraise.
EXAMINES	To inspect closely; to investigate; to scrutinize.
EXCHANGES	To give or take one thing in return for another.
EXCLUDES	To shut out; to bar from participation, consideration, or inclusion.
EXECUTES	To put into effect; to carry out.
EXERCISES	To exert influence or authority; to train by drills and maneuvers; to use repeatedly in order to strengthen and develop.
EXPECTS	To look forward; to consider probable or certain.
EXPEDITES	To accelerate the process or progress of.
EXPRESSES	To represent in words; to make known one's feelings or opinions.
EXTRACTS	To draw forth; to withdraw; to separate; to determine by calculation.
FACILITATES	To make easier or less difficult.
FEEDS	To move into a machine or opening in order to be used or processed; to furnish with something essential for growth, sustenance, maintenance, or operation.
FIGURES	To compute.
FILES	To arrange in a methodical manner; to rub smooth or cut away with a tool.
FINALIZES	To put in finished form.
FINDS	To encounter; to locate or come upon by searching or effort.
FLAGS	To mark in some distinctive manner.

- **FOLLOWS UP** To pursue closely in order to check progress; to see if results are satisfactory.
- **FORECASTS** To predict; to estimate in advance.
- **FORMULATES** To develop or devise.
- **FOSTERS** To promote the growth or development of.
- **FULFILLS** To put into effect; to bring to an end; to measure up to; to develop the ful1 potentiality of.
- **FUNCTIONS** To act or operate as; to serve.
- **FURNISHES** To provide what is needed; to supply.
- **GATHERS** To collect; to harvest; to accumulate and place in order.
- **GENERATES** To bring into existence; to cause to be; to produce.
- **GIVES** To grant or bestow; to administer; to make a present of.
- **GOVERNS** To exercise continuous sovereign authority over; to control and direct the making and administration of authority over; to hold in check; to have decisive influence.
- **GRASPS** To make the motion of seizing.
- **GUARANTEES** To secure; to answer for the debt, default, or miscarriage of.
- **GUIDES** To show or lead the way to; to manage the affairs of; to influence the conduct or opinions of.
- **HIRES** To engage the services of for a set sum; to employ.
- **IDENTIFIES** To establish the identity of; to associate with some interest.
- **IMPLEMENTS** To carry out; to execute a plan or program; to give effect to.
- **IMPORTS** To bring from a foreign or external source.
- **IMPROVES** To make something better.
- **INDICATES** To show; to demonstrate with precision.
- **INFORMS** To communicate information or knowledge; to acquaint.

- **INITIATES** To start; to introduce; to originate.
- **INNOVATES** To exercise imagination or creativity in introducing something new or in making changes that lead to improvement.
- **INSERTS** To put (something) into, between, or among other materials; to introduce, as a word in a sentence.
- **INSPECTS** To examine or determine; to critically analyze for suitability.
- **INSTALLS** To set in position or adjust use; to settle in a certain place or condition, or status; to set up for use in office.
- **INSTITUTES** To organize, establish, and set in operation; to begin.
- **INSTRUCTS** To teach; to coach; to impart or communicate knowledge; to direct or order.

**INSURES** To cover with insurance; to make certain.

- **INTEGRATES** To unify; to make whole by putting all parts or elements together.
- **INTERPRETS** To give the meaning of; to explain to others; to elucidate.
- **INTERVIEWS** To obtain facts or opinions through inquiry or examination of various sources.
- **INVENTORIES** To catalog or to count and list.
- **INVENTS** To think up or imagine; to create.
- **INVESTIGATES** To observe or study by close examination and systematic inquiry.
- **INVESTS** To spend or use time, money or effort to achieve a future benefit.
- **ISSUES** To put forth or to distribute officially.
- **ITEMIZES** To list; to write down in detail.
- **JUDGES** To form an authoritative opinion; to determine and pronounce after inquiry and deliberation.

JUSTIFIES	To prove or show to be right or reasonable; to align words such that both left- and right-hand margins are in line (typing term).
KEEPS	To hold or retain; to maintain.
LEADS	To guide or direct on a course or in the direction of; to channel; to direct the operations of.
LEARNS	To gain knowledge or understanding of.
LISTS	To enumerate; to enter into a catalog with a selling price; to itemize.
LOADS	To place in or on a means of conveyance; to increase the weight of by adding something heavy.
LOCATES	To find, determine, or specify by means of searching, examining, or experimenting; to seek and find.
MAINTAINS	To continue; to carry on; to keep current or in an existing state, as records or files.
MAKES	To cause to happen to; to cause to exist, occur, or appear; to create; to bring into being by forming, shaping, or altering material.
MANAGES	To direct, control, or make or keep compliant.
MARKETS	To expose for sale; to sell.
MATCHES	To set in competition with; to provide with a worthy competitor; to cause to correspond.
MEASURES	To determine length, width, or quantity of.
MEDIATES	To interpose with parties to reconcile them; to reconcile differences.
MEETS	To cope with; to come together from different directions; to provide for.
MENTORS	To serve as a mentor or coach for
MERGES	To combine items from two or more similarly ordered sets into one set that is arranged in the same order.
MIXES	To unite or blend into one group or mass.

- **MODIFIES** To make less extreme; to limit or restrict the meaning of; to make minor changes in.
- **MONITORS** To watch; to observe; to check for a specific purpose.
- **MOTIVATES** To arouse or stimulate to action.
- **MOVES** To go from one point to another; to begin operating or functioning or working in a usual way.
- **NEGOTIATES** To confer with others with a view to reaching agreement.
- **NOTES** To observe; to recognize.
- **NOTIFIES** To make known; to inform.
- **OBSERVES** To see, notice, or watch something or someone.
- **OBTAINS** To acquire or gain possession of.
- **OCCUPIES** To take possession of; to fill.
- **OMITS** To leave out; to disregard.
- **OPENS** To make available for entry or passage; to make accessible; to expose to view; to disclose.
- **OPPOSES** To resist; to withstand; to place opposite or against.
- **ORGANIZES** To arrange; to systematize or methodize.
- **ORIENTS** To cause to become aware of, familiar with, or adjusted to facts, principles, procedures, or situations.
- **ORIGINATES** To create; to invent or produce as new.
- **OUTLINES** To make a summary of significant features.
- **OVERCOMES** To get the better of; to gain superiority.
- **OVERSEES** To watch over and direct; to superintend; to supervise.
- **PARTICIPATES** To join or share with others; take part.
- **PERFORMS** To fulfill or carry out some action; to accomplish; to execute.
- **PERMITS** To consent to; to authorize; to make possible.

PERSUADES	To move by argument or entreaty to a belief, position, or course of action.
PLACES	To locate and choose positions for.
PLANS	To devise or project the realization or achievement of a course of action.
POSTS	To record information in ledgers or other forms from another source.
PRACTICES	To perform or work at repeatedly in order to gain proficiency.
PREDICTS	To declare in advance; to foretell on the basis of observation, experience or scientific reason.
PREPARES	To make ready for a particular purpose.
PRESCRIBES	To establish as a rule or guide.
PRESENTS	To introduce; to bestow; to lay as a charge before the court; to offer to view.
PRESERVES	To keep, guard, or observe; to keep safe, to protect; to keep free from decay; to maintain.
PREVENTS	To stop something from occurring; to take advance measures against.
PRICES	To fix, establish, or find out the value of.
PROCEEDS	To begin to carry out an action.
PROCESSES	To subject to some special treatment; to handle in accordance with a prescribed procedure.
PROCURES	To obtain possession of; to bring about.
PRODUCES	To grow; to make, bear, or yield something; to offer to view or notice; to exhibit.
PROGRAMS	To arrange or work out a sequence of operations to be performed; to make a plan or procedure.
PROJECTS	To extend forward; to present for consideration; to communicate vividly, especially to an audience.

PROMOTES To advance to a higher level or position. PROOFREADS To read (copy or printer's proof) against the original manuscript for corrections. PROPOSES To form or declare a plan or intention. PROVIDES To supply what is needed; to furnish. PUBLICIZES To give information concerning a person, group, event or product through various communications media to attract public attention. PULLS To haul; to tow; to remove, as in filing. PURCHASES To buy or procure by committing organizational funds. QUANTIFIES To make explicit the logical amount of; to determine or express the amount of. QUESTIONS To interrogate; to doubt; to dispute; to inquire. RATES To assess the value of; to appraise; to arrange in sequence of rank. READS To interpret; to scan; to study the movements of; to understand the meaning of; to utter aloud the printed written words of. REALIZES To understand clearly; to get by sale, investment, or effort. REASONS To use the faculty of reason (the power of comprehending, inferring or thinking, especially in orderly rational ways). RECEIVES To acquire; to come into possession of; to take something that is offered or sent; to admit or welcome guests or visitors.. RECOGNIZES To perceive clearly; to acknowledge with a show of appreciation. RECOMMENDS To advise or counsel a course of action; to offer or suggest for adoption. RECONCILES To adjust; to restore to harmony; to make congruous. RECONSTRUCTS To rebuild; to reorganize or reestablish; to restore.

- **RECORDS** To register; to set down in writing.
- **RECRUITS** To seek out others to become new members, students or personnel.
- **RECTIFIES** To correct by calculation or adjustment; to remedy; to set right.
- **REDUCES** To narrow down; to diminish in size or amount; to abridge; to lower in grade or rank.
- **REFERS** To send or direct for aid, treatment, information, or decision; to direct attention; to make reference to.
- **REFLECTS** To think calmly and quietly; to give back as an image, likeness, or outline; to make apparent.
- **REGARDS** To pay attention to; to take into consideration; to relate to.
- **REGISTERS** To enter in a record; to enroll formally or officially.
- **REGULATES** To govern or direct according to rule; to bring under the control of law; to fix or adjust the time, amount, or degree of.
- **REINFORCES** To strengthen with additional forces or additions.
- **REJECTS** To refuse to have, use, or take for some purpose; to refuse to hear, receive, or admit.
- **RELATES** To show or establish logical or causal connection between; to have meaningful social relationships.
- **RELEASES** To set free as in releasing information; to permit the publication or dissemination of.
- **RELIES** To depend on.
- **REMITS** To send money in payment of; to submit or refer for consideration, judgement, decision, or action.
- **REMOVES** To change the location, station or residence of; to dismiss from office.
- **RENDERS** To furnish an opinion; to answer.
- **REPORTS** To give an account of; to furnish information or data.

REPRESENTS	To act in the place of or for.
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**REQUESTS** To ask for something.

**REQUIRES** To have as a requisite; to call for as suitable or appropriate; to demand as necessary.

**REQUISITIONS** To make a request for, as in records or supplies; to ask in writing for something that is needed.

**RESCINDS** To make void; to repeal.

**RESEARCHES** To inquire specifically, using involved and critical investigations.

**RESPONDS** To answer; to show favorable reaction.

- **RESTRICTS** To confine within bounds; to restrain.
- **RETRIEVES** To regain; to rescue.
- **REVIEWS** To consider; to reexamine; to analyze results for the purpose of giving an opinion.
- **REVISES** To rework in order to correct or improve; to make a new, improved, or up-to-date version.
- **ROUTES** To forward; to schedule or dispatch; to prearrange and direct locations to which an article is to be sent.
- **SATISFIES** To carry out the terms of (a contract); to meet financial obligations; to make reparation to; to please.
- **SCANS** To examine to search in order to locate specific data or information; to scrutinize.

**SCHEDULES** To plan a timetable; to set specific times for.

- **SCREENS** To examine in orderly fashion to determine suitability or acceptability (as in appraising potential employees); to select.
- **SEARCHES** To examine; to probe; to make a thorough examination or investigation of.
- **SECURES** To gain possession of; to guarantee; to make safe; to obtain.

SEEKS	To try to find or discover; to try to obtain or reach; to make a search or investigation.
SELECTS	To choose the best suited.
SELLS	To give up property to another for money or other valuable consideration.
SENDS	To dispatch by means of communication; to convey.
SEPARATES	To set apart.
SERVES	To assist; to be of use; to hold office.
SETS UP	To cause a condition to come into effect; to put in operation.
SHOWS	To display; to give indication; to point out to someone.
SIGNS	To formally approve or ratify a document by affixing one's signature.
SIMPLIFIES	To clarify; to reduce to basic essentials.
SOLICITS	To approach with a request or plea; to strongly urge.
SOLVES	To find a solution for.
SORTS	To separate or arrange according to a scheme; to rank by kind. class, division, etc.
SPEAKS	To express oneself using words; to deliver an address or lecture.
SPECIFIES	To state precisely in detail or to name explicitly.
SPENDS	To use up or pay out.
STACKS	To pile up.
STANDARDIZES	To bring into conformity to something established by authority, custom, or general consent as a model or criterion.
STIMULATES	To excite to activity; to urge; to rouse or spur on.
STRENGTHENS	To make stronger.

STRIVES	To endeavor; to devote serious effort or energy.
STRUCTURES	To give arrangement or form to; to arrange or organize.
STUDIES	To contemplate; to carefully examine or investigate; to deliberate.
SUBMITS	To present data for the discretion or judgement of others.
SUMMARIZES	To restate material (facts, figures, etc.) briefly; to make an abstract.
SUPERVISES	To personally oversee, direct, inspect, or guide the work of others with responsibility for meeting certain standards of performance.
SUPPLEMENTS	To add to.
SUPPLIES	To furnish something that is needed; to provide; to equip.
SUPPORTS	To promote the interests or cause of; to argue or vote for; to pay the costs of; to hold up or serve as a foundation for.
SURVEYS	To examine as to condition, situation, or value.
SUSTAINS	To give support or relief to; to prolong; to support by adequate proof.
TABULATES	To put in table form; to set up in columns or rows; to make a listing.
TAKES	To assume possession of; to grasp; to gain approval of.
TERMINATES	To bring to an end; to conclude.
TESTS	To put to proof; to examine, observe, or evaluate critically.
TOTALS	To add up; to compute.
TRACES	To locate something by searching or researching evidence; to copy, as a drawing.
TRAINS	To teach, demonstrate, or guide others in order to bring up to a predetermined standard.
TRANSCRIBES	To transfer data from one form of record to another or from one method of preparation to another, without changing the nature of data.

TRANSLATES	To turn into one's own or another language.
TRANSMITS	To transfer or send from one person or place to another; to send out a signal either by radio waves or over a wire.
TRANSPOSES	To change the usual order of.
TREATS	To regard and deal with in a specified manner; to provide care for or deal with medically.
TURNS	To make rotate/revolve; to cause to move around so as to effect a desired end (as locking, opening, shutting); to reverse the sides or surfaces of.
TYPES	To write using a typewriter or keyboard; to arrange by categories.
UNDERSTANDS	To grasp the meaning of; to have thorough or technical acquaintance with or expertness in the practice of.
UPDATES	To bring current.
USES	To put into action or service; to consume or take; to act with regard to.
UTILIZES	To make use of.
VERIFIES	To confirm or establish authenticity; to substantiate; to prove to be true.
VISITS	To go or come to see in a professional capacity.
WEIGHS	To ascertain the heaviness of; to consider carefully.
WRITES	To set down letters, words, sentences, or figures on paper or other suitable material; to author; to draft.